

ESTD *Lithuania* 2026
**GRAND
CHAMP**

**RULES AND
REGULATIONS**

MAY 30-31st, 2026

30-31st of MAY, 2026
Klaipėdos Švyturio Arena
Dubysos g. 10, Klaipėda, LT-93231 LITHUANIA

ABOUT THE EVENT

LITHUANIA GRAND CHAMPIONSHIP - a high-energy, two-day urban dance championship bringing together the nation's top talents in Hip Hop, Popping, Street Dance Show, Free dance and Pop Dance. This competition is a celebration of skill, style, and passion, uniting dancers from Lithuania and beyond in a spectacular showcase of movement and creativity.

Dancers will compete in open categories: HIP HOP, STREET DANCE SHOW, FREE DANCE, POP DANCE, SHOW DANCE and POPPING.

The championship will be held according to IDO rules and regulations:

<https://www.ido-dance.com/>

Address: Klaipėdos Švyturio Arena
Dubysos g. 10, Klaipėda, LT-93231 LITHUANIA

Date: 30/05/2026 (SATURDAY)

Timing: start at 8:30 a.m., estimated end at 9 p.m. (schedule will be clarified week before the event)

Categories: Hip-Hop OPEN, BEGINNERS, Popping OPEN

Date: 31/05/2026 (SUNDAY)

Timing: start at 8:30 a.m., estimated end at 7 p.m. (schedule will be clarified week before the event)

Categories: Street Dance Show, Pop Dance, Free Dance, Show Dance

COMPETITION OF THE FOLLOWING CATEGORIES WILL TAKE PLACE

HIP HOP	STREET DANCE SHOW	FREE DANCE	POP DANCE	SHOW DANCE	POPPING (rating)
<i>OPEN</i> (rating): SOLO, DUO, GROUP, FORMATION, PRODUCTION	<i>OPEN</i> (rating): SOLO, DUO, GROUP, FORMATION, PRODUCTION	<i>OPEN</i> : GROUP, FORMATION, PRODUCTION	<i>OPEN</i> : GROUP, FORMATION, PRODUCTION	<i>OPEN</i> : GROUP, FORMATION, PRODUCTION	<i>OPEN</i> : SOLO, DUO
<i>BEGINNERS 1 & 2</i> : SOLO, DUO, GROUP, FORMATION, PRODUCTION	<i>BEGINNER 1 & 2</i> : GROUP, FORMATION, PRODUCTION	<i>BEGINNERS</i> : GROUP, FORMATION, PRODUCTION	<i>BEGINNERS</i> : GROUP, FORMATION, PRODUCTION	<i>BEGINNERS</i> : GROUP, FORMATION, PRODUCTION	

Each winner of solo, duo, group, formation, and production will be rewarded with medals, cups, and diplomas. During competition, all dancers must have ID documents that prove their date of birth.

PARTICIPANTS FEE AND EVENT ENTRANCE FEE

	<i>ONE START</i>	<i>MORE THAN ONE START</i>	<i>PARTICIPATION THE SECOND EVENT DAY</i>
PARTICIPANT FEE	25 EUR	35 EUR	+10 EUR

TICKETS FOR SPECTATORS/EVENT ENTRANCE FEE – 12 EUR

Registration after deadline – administration fee +10 EUR per dancer. Organisers of the event reserve the right to reject any late registrations.



REGISTRATION

Registration deadline: 00:00 H of 11/05/2026 (GMT+2)

REGISTRATION LOGIN LINK: reg.danceteam.lt

If your studio does not have a login, contact us by email

grandchampionshiplt@gmail.com or by phone +37067314715 with this info:

1. Studio name
 2. Email
 3. Head (coach) of the studio name
 4. Phone number
- to get user name and password.

If you have any questions about the registration or championship, contact us on mobile +37067314715 or by e-mail: grandchampionshiplt@gmail.com

Organisers: LITHUANIA GRAND CHAMP TEAM

HIP-HOP CATEGORY RULES AND REGULATIONS

High-quality music is guaranteed by a DJ as well as the hosts of the event, the organising committee and a volunteer team. A competent judge commission will evaluate dancers, teachers and choreographers based on IDO judging regulations.

1. Compositions for the Hip Hop OPEN categories are performed using Hip Hop dance style. House, Locking, Popping, Waacking, Vogue, Breakdance, Afrodance, and Dancehall styles are allowed, but they should not dominate the performance.
2. Elevations are not allowed in Hip Hop Children solo, duo, groups, formation and production categories.
3. Scene decorations are forbidden in every category and age group.
4. Age groups:
 - MINI KIDS (born in 2018 and younger)**
 - CHILDREN (born from 2014)**
 - JUNIOR1 (born from 2013 to 2012) ONLY SOLO AND DUO**
 - JUNIOR2 (born from 2011 to 2010) ONLY SOLO AND DUO**
 - JUNIOR (born from 2013 to 2010) GROUPS, FORMATIONS**
 - ADULT (born in 2009 and older)**
 - ADULT 2 (born in 1995 and older)**
5. Categories:
 - SOLO MALE / FEMALE** – one dancer, performance duration is 1:00 min., music is selected by the organisers.
 - DUO** – two dancers, performance duration is 1:00 min., music is selected by the organisers.
 - GROUP** – groups of 3 to 7 dancers, performance duration is 1:30 min., music is selected by the organisers.
 - FORMATION** – groups of 8 to 24 dancers. Performance duration is from 2:30 – 3:00 min., music is selected by the dance club.

Lithuania

PRODUCTION – groups of more than 24 dancers. Performance duration is 4:00 min., and music is selected by the dance club.

6. Beginners categories

BEGINNER 1 dancers – dancers dancing from SEPTEMBER 2025. If the dancer changed the dance club, his dancing experience is included in his total dancing experience time.

BEGINNER 2 dancers – dancers dancing from SEPTEMBER 2024. If the dancer changed the dance club, his dancing experience is included in his total dancing experience time.

PERFORMANCE DURATION – from 1:30 min to 3:00min

STREET DANCE SHOW CATEGORY RULES AND REGULATIONS

1. Compositions for the Street Dance show categories are performed using Hip Hop, House, Locking, Popping, Waacking, Vogue, Breakdance, Krump, Afrodance, and Dancehall styles. Jazz, classic and modern dance styles are allowed, but they should not dominate.
2. The composition must contain a theme or idea. Elevations, acrobatic elements and scene decorations are allowed.
3. Age groups:
 - MINI KIDS (born in 2018 and younger)**
 - CHILDREN (born from 2014 to 2017)**
 - JUNIOR (born from 2013 to 2010)**
 - ADULT (born in 2009 and older)**
 - ADULT 2 (born in 1995 and older)**
4. Categories:
 - SOLO MALE / FEMALE** – one dancer, performance duration is 1:45–2:15 min., music is selected by the dancer.
 - DUO** – two dancers, performance duration is 1:45–2:15 min., music is selected by the dancers.
 - GROUP** – groups of 3 to 7 dancers, performance duration is from 2:00 min. to 2:30 min., music is selected by the dance club.
 - FORMATION** – groups of 8 to 24 dancers. Performance duration is 2:30 min. to 4:00 min., music is selected by the dance club.
 - PRODUCTION** – groups of more than 24 dancers. Performance duration is from 4:00 min., music is selected by the dance club. (all age categories dancing together)

5. Beginners categories

BEGINNER 1 dancers – dancers dancing from SEPTEMBER 2025. If the dancer changed the dance club, his dancing experience is included in his total dancing experience time.

BEGINNER 2 dancers – dancers dancing from SEPTEMBER 2024. If the dancer changed the dance club, his dancing experience is included in his total dancing experience time.

PERFORMANCE DURATION – from 1:30 min to 3:00min

FREE DANCE CATEGORY RULES AND REGULATIONS

1. Compositions for the Free dance category are performed using Show dance, Pop dance, Modern, Contemporary, and Street dance styles.
2. Elevations, acrobatic elements and scene decorations are allowed.
3. Age groups:
 - MINI KIDS (born in 2018 and younger)**
 - CHILDREN (born from 2014 to 2017)**
 - JUNIOR (born from 2013 to 2010) GROUPS, FORMATIONS**
 - ADULT (born in 2009 and older)**
 - ADULT 2 (born in 1995 and older)**
4. Categories:
 - GROUP** – groups of 3 to 7 dancers, performance duration is from 2:00 min. to 2:30 min., music is selected by the dance club.
 - FORMATION** – groups of 8 to 24 dancers. Performance duration is from 2:30 min. to 4:00 min., music is selected by the dance club.
 - PRODUCTION** – groups of more than 24 dancers. Performance duration is from 4:00 min., music is selected by the dance club.
5. Beginners category
 - BEGINNER dancers** – dancers dancing from SEPTEMBER 2025. If the dancer changed the dance club, his dancing experience is included in his total dancing experience time.
 - PERFORMANCE DURATION** – from 1:30 min to 3:00min

POP DANCE CATEGORY RULES AND REGULATIONS

1. Compositions for the Pop dance category are performed using Waacking, Vogue, Dancehall, Commercial dance, Afrodance and High Heels dance styles.
2. Elevations and acrobatic elements are allowed only in Junior and Adults categories.
3. Age groups:
 - MINI KIDS (born in 2018 and younger)**
 - CHILDREN (born from 2014 to 2017)**
 - JUNIOR (born from 2013 to 2010) GROUPS, FORMATIONS**
 - ADULT (born in 2009 and older)**
 - ADULT 2 (born in 1995 and older)**
4. Categories:
 - GROUP** – groups of 3 to 7 dancers, performance duration is from 2:00 min. to 2:30 min., music is selected by the dance club.
 - FORMATION** – groups of 8 to 24 dancers. Performance duration is from 2:30 min. to 4:00 min., music is selected by the dance club.
 - PRODUCTION** – groups of more than 24 dancers. Performance duration is from 4:00 min., music is selected by the dance club.
5. Beginners category
 - BEGINNER dancers** – dancers dancing from SEPTEMBER 2025. If the dancer changed the dance club, his dancing experience is included in his total dancing experience time.
 - PERFORMANCE DURATION** – from 1:30 min to 3:00min

SHOW DANCE CATEGORY RULES AND REGULATIONS

1. SHOW DANCE compositions use jazz, classical, modern, and contemporary dance techniques. Dance techniques not mentioned (such as character dance, disco, pop, hip-hop, house, etc.) may be used, but they must not be dominant. The composition must have a theme and a title..
2. Elevations and acrobatic elements are allowed only in Junior and Adults categories. Show props and decorations are allowed.
3. Age groups:
 - MINI KIDS (born in 2018 and younger)**
 - CHILDREN (born from 2014 to 2017)**
 - JUNIOR (born from 2013 to 2010) GROUPS, FORMATIONS**
 - ADULT (born in 2009 and older)**
 - ADULT 2 (born in 1995 and older)**
4. Categories:
 - GROUP** – groups of 3 to 7 dancers, performance duration is from 2:00 min. to 2:30 min., music is selected by the dance club.
 - FORMATION** – groups of 8 to 24 dancers. Performance duration is from 2:30 min. to 4:00 min., music is selected by the dance club.
 - PRODUCTION** – groups of more than 24 dancers. Performance duration is from 4:00 min., music is selected by the dance club.
5. Beginners category
 - BEGINNER dancers** – dancers dancing from SEPTEMBER 2025. If the dancer changed the dance club, his dancing experience is included in his total dancing experience time.
 - PERFORMANCE DURATION** – from 1:30 min to 3:00min

POPPING CATEGORY RULES AND REGULATIONS

1. Compositions for the POPPING categories are performed using Popping dance style techniques (sharp electric movements that flow into waves, isolations, robot, pantomime elements, popping, animation, electric shock, walking, pupper, ticking, locking. It is important to show more than two different techniques and movements.
2. Tempo – solo 30-32,5 bars per minute (120-130 beats per minute). Duos 31-32,5 bars p.m. (124-130 bpm).
3. Lifts are allowed in Junior and Adults Duos. Stage Props are allowed, such as masks, glasses, hats etc. – but NO requisites!
4. Age groups:
 - MINI KIDS (born in 2018 and younger)**
 - CHILDREN (born from 2014 to 2017)**
 - JUNIOR1 (born from 2013 to 2012) ONLY SOLO AND DUO**
 - JUNIOR2 (born from 2011 to 2010) ONLY SOLO AND DUO**
 - ADULT (born in 2009 and older)**
 - ADULT 2 (born in 1995 and older)**
5. Categories:
 - SOLO MALE / FEMALE** – one dancer, performance duration is 1:00 min., music is selected by the organisers.
 - DUO** – two dancers, performance duration is 1:00 min., music is selected by the organisers.



LITHUANIA GRAND CHAMPIONSHIP 2026 CONTACTS

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COMPETITION PLACE ADDRESS:

Klaipėdos Švyturio Arena
Dubysos g. 10, Klaipėda, LT-93231 LITHUANIA

DATE: 30-31/05/2026 (Saturday-Sunday)

WEB: danceteam.lt

FACEBOOK: Grand Champ Lt

INSTAGRAM: grand_champ

REGISTRATION: reg.danceteam.lt until 11/05/2026